# THE OKAMI KAI HOWLER



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# **Spectacular Stunt Seminar!**

Renshi Aylward will be here on **Sat. Sept.6** to teach a one hour **Spectacular Stunt Seminar at 1:30pm**. No martial art experience is necessary and anyone 7 years of age and older can participate. Price is only \$10 per person so make sure you tell your friends!

#### From Renshi Aylward:

"I have found a new passion, a new drive and a thrill that is hard to explain. Recently, thanks to a kind word by Alain Moussi Renshi, (soon to be the star of the Kickboxer remake, the Jean-Claude Van Damme movie) I had the opportunity to do some stunt work on a movie being filmed in my home town. I have done many demonstrations worldwide, been flipped, kicked, hit with sticks and even tossed off a stage into a pit but nothing is as cool as getting to play different roles make the actors look good. (ok really it was the money).

In this session we will train in fall performances – selling the hit. As everyone knows kids are natural actors; this workshop will let them explore that path and who knows maybe introduce them in to a career later in life! You could be the next Martial Arts Action Star!"



# **Wolf Pack Report**

All the scores were reset as of August 1. It's every pack for themselves again. Get to class and earn those points!!!

Blue Pack Congratulations to Sophia Iannuzzi for being chosen as Ichiban this month! Sophia attended 13 classes last month and will be participating in the Demo Team at the Fall Registration Fair at Uxbridge Arena on Sept.10!

<u>Green Pack</u> Lil' Dragons who did not receive their prizes (Roxy passes) from last year's competition should let Renshi know as soon as possible.

51 points

**Red Pack** Welcome Jackson, Kelsey, and Wesley Coy! 21 points

**Yellow Pack** 

21 points

## Mark Your Calendar!

For more information visit www.okamikai.com!

Aug.30-Sept.1 – Labour Day Weekend (No Classes)
Tues. Sept.2 – Regular Class Schedule Resumes
Sat. Sept.6 @1:30pm – Spectacular Stunt Seminar
Sat.Sept.6 @ 2:30pm – Jiu-Jitsu

Sept.7 – Happy 15<sup>th</sup> Anniversary Okami Kai!!!

Sept.10 – Registration Fair Demo at Uxbridge Arena Sat.Sept.13 @ 1:30 – Tameshigiri Fri. Sept.19 @ 7pm – Brown and Black Belt Class

Sat.Sept.20-21 – On Guard CDT Course

Sat.Sept.27 @ 9:30 – Karate Kyu Belt Test (Aikido

class is at 1pm)

Oct.18-19 – Capital Conquest Sat.Nov.1 @1pm – On Guard Weapons Course

# On Guard Courses

These courses are R.C.M.P sanctioned and are designed to subdue a subject causing minimal, to no injury while executing a lawful arrest. These courses are perfect for security guards, loss prevention investigators, law enforcement, or the interested civilian who would like to build their resume or gain practical skills for stressful situations.

## Full (2 Day) Control and Defensive **Tactics Course Sept.20-21**

This is a comprehensive training course covering a variety of topics including practical self defence techniques, use of force continuum, aligning skills for greater effectiveness, hold reversals, blocks, checks, pressure point controls, stuns, basic edged weapon defense, tactical handcuffing, and more with a strong focus on control of others for arrest and/or detainment. A graduate certification diploma is provided after successful completion of the course. Price is \$300 if registered before Sept.1. It will then be \$350 after this date. Don't forget to ask about our referral program. We'll give you a \$50 discount for every person you get to take the course with you!

### Weapons Manipulation and Threat **Response Course Sat.Nov.1**

This course provides individuals with instruction in various specialized tactical operational techniques designed for use in crisis, life endangering emergency situations which involve armed confrontation.

#### **Course Objective:**

To prepare individuals to evaluate, react to and control emergency situations of a critical or unusual nature. To develop self-reliance, self-confidence, and awareness of one's physical limitations and provide tools and options to solve use of force problems. To develop practical skills for use in high risk situations with emphasis on different types of weapons. To develop familiarity with both lethal and intermediate weapons.

#### **Course Content:**

Handgun disarms and handgun retention. Knife disarming and defensive techniques. baton Beginner usage and disarm techniques

Empty hand techniques designed to control an assailant.

Price is \$95 per person until after Oct.15. It will then be \$120 after this date.

A certificate from On Guard International will be provided after successful completion of the course.

# **Tameshigiri**

We will be holding our next Tameshigiri (sword cutting) class on Sat. Sept.13 at 1:30pm. Price includes 3 single tatami targets. Extra targets can also be purchased, but must be ordered by Sept.8. ALL REGISTRATIONS MUST BE IN BY SEPT.8 ALSO.

This is open to people of all skill levels. NO MARTIAL ART EXPERIENCE IS REQUIRED! You also do not need a sword to participate as swords will be available for use (an extra fee of \$10 per person will be collected at the session for sword rental).

Please register as soon as possible if you are interested so you don't miss out!



**Carry Your Gear In Style!** New Okami Kai sports bags are now on sale! \$25 each or **\$20** with any gi purchase.

